## STELLAR \&ife

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# Rich in Life: Creating a Freedom Lifestyle 

## 10 Point Checklist

## Rich German

Want to gain as much knowledge as possible out of this episode? Here is your 10 point checklist that gives you actionable steps you can take TODAY to start living a Stellar Life!

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## 10 STEPS YOU CAN TAKE TODAY

## Take charge of your health, wellness, and success. Here are 10 steps that can move you closer to your goals - today.

What would a freedom lifestyle look like for you? Start doing things that bring your closer to this lifestyle, such as only taking calls after 11am to give you back your mornings.Go check out JV Insider Circle to learn more about sharing your passion with others.Do you have 'Shiny-Object Syndrome'? Do you chase after every new idea? Make yourself a commitment to follow through on one of your great ideas.Create a quality morning routine and evening routine that work for you.To be a success in a joint venture, we need passion and a good idea. What are the things in your life you are most passionate about? What draws people to you? Come up with ideas that fit your passion.Rich German gave us three tips to live a stellar life: figure out what you love, spend all of your time doing that, and do whatever healing you need to do. How are you doing in each of these areas? What can you do to improve and embrace your stellar life?Look carefully at your past traumas and wounds. Find ways to help yourself heal those hurts. Ask for help or advice, if you need it.Think about the things you have overcome. Can you use your story to help someone else, and coach?Take joy in helping a worthy cause, and get an amazing book in the process. Pre-order your book at http://richgerman.com/blue-laguna/.Check out this link http://www.easywebautomation.com/app/?Clk=5546766 to get your free ticket to the next JVX event on November 3-5, 2016.