

STELLAR *Life*

Hosted By *Orion*

The Keys to Online Super Success

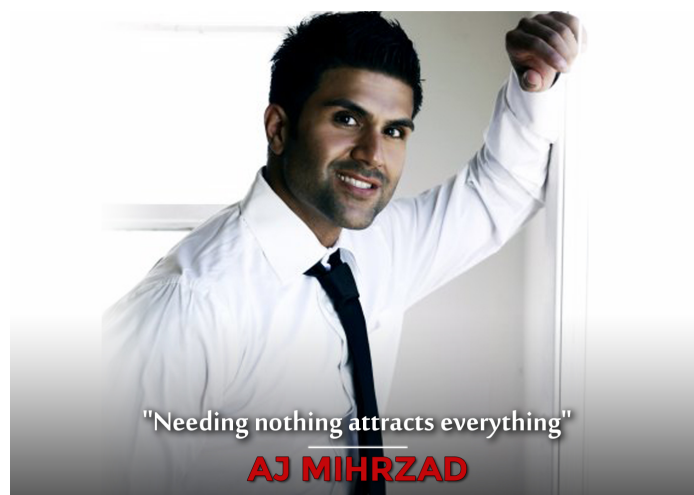
10 Point Checklist

AJ Mihrzad

Want to gain as much knowledge as possible out of this episode?
Here is your **10 point checklist** that gives you actionable steps you
can take **TODAY** to start living a Stellar Life!

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10 STEPS YOU CAN TAKE TODAY

**Take charge of your health, wellness, and success.
Here are 10 steps that can move you closer to your goals – today.**

- ☐ Life is a story that we tell ourselves. Take a moment to think about how my mindset shapes my story. Am I my own hero or victim?
- ☐ Act as if and soon I will become. What small changes can I make to more closely embody the person that I want to be?
- ☐ Coming from a place of love allows me to be more successful. Am I approaching life with love?
- ☐ How can I show more love and help more people within the next 24 hours?
- ☐ Get a journal. Whenever I feel stressed or unsure about how I'm feeling, write it out. Oftentimes when I see it on paper, I'll realize the problem isn't as serious as I had thought.
- ☐ What's my identity? Take a moment to think about who I am beyond money, my body and everything else. Who am I at the core?
- ☐ What's my superpower? Make a list of things that, when I'm doing them, I get in a flow state, where I lose track of time and space.
- ☐ Not to share my gift with the world is the greatest pain. What is my gift that I want to share with the world? Brainstorm and make a list. See what stands out.
- ☐ What excuses are holding me back from living my best life?
- ☐ Look around me. Who has the business, relationship, health, wealth that I want? Find a mentor who embodies the success that I want.