

# STELLAR *Life*

Hosted By *Orion*

## Magical Moments & New Year's Resolutions

10 Point Checklist

**Orion Talmay**

Want to gain as much knowledge as possible out of this episode? Here is your **10 point checklist** that gives you actionable steps you can take **TODAY** to start living a Stellar Life!

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"Share yourself with the world and be fearless."

**ORION**

# 10 STEPS YOU CAN TAKE TODAY

**Take charge of your health, wellness, and success.  
Here are 10 steps that can move you closer to your goals – today.**

- Be patient and don't be too hard on yourself. You will reach your goals when the right time comes if you're persistent.
- Acknowledge your small achievements. There are plenty of reasons to celebrate and be thankful during your journey.
- Appreciate the little things and reflect on the deeper things in life.
- Invest in yourself for at least fifteen minutes a day. Spend time alone without any distractions and do something you love.
- Keep learning and always welcome expansion and growth. You can learn a new skill, read a great book or go on a new adventure.
- Listen to the message that the universe is sending you. Follow clues that will lead you to the path of success.
- Take breaks, rest well and listen to what your body is telling you.
- Let go and surrender everything to the universe. Let experiences humble you.
- Sign up for conferences and masterminds where you can meet and learn from luminaries and teachers.
- Find things that will inspire and motivate you every day. The world has a lot to offer if you look hard enough.