

STELLAR *Life*

Hosted By *Orion*

The Modern Gal's Guide to Success

10 Point Checklist

Kelly Lynn Adams

Want to gain as much knowledge as possible out of this episode? Here is your **10 point checklist** that gives you actionable steps you can take **TODAY** to start living a Stellar Life!

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"Believe that things are happening for you, for the highest good."

KELLY LYNN ADAMS

10 STEPS YOU CAN TAKE TODAY

**Take charge of your health, wellness, and success.
Here are 10 steps that can move you closer to your goals – today.**

- Define your own true meaning of success. Ask yourself what you really want in life and start working to achieve it.
- Have confidence in whatever you're doing or working on. With the right mindset, focus and support, anything can be achieved.
- Spare some time for play and fun. Do things that make you feel young and alive to keep you inspired and motivated.
- Stop sabotaging your potential with negative thoughts. Be kind to yourself and don't listen to negativity. Just keep going until you're where you want to be.
- Start creating the life that you want by speaking about it, envisioning it and committing to it 100%.
- Take a couple of days to gain a different perspective. Go on a retreat, attend a mastermind group or take a vacation.
- Spend time in nature with animals. They have unexplainable healing powers that go above and beyond other methods.
- Make money in your zone of genius. Find and pursue what you love and what gives you fulfillment.
- Manage your mindset and pay attention to what you consume at all levels - what you're thinking, watching, experiencing, and eating.
- Surrender. Allow. Let go. If things aren't going your way, surrender and know that the Universe has your back.