

STELLAR *Life*

Hosted By *Orion*

Business Miracles

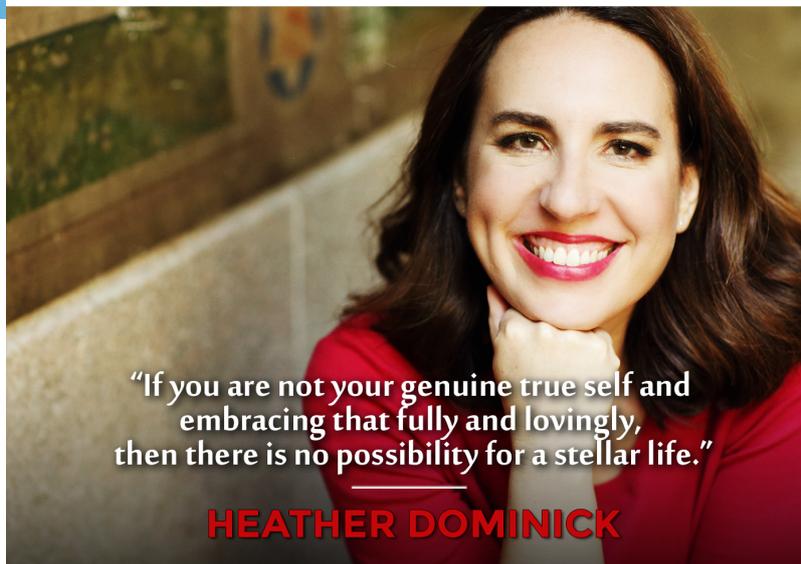
10 Point Checklist

Heather Dominick

Want to gain as much knowledge as possible out of this episode? Here is your **10 point checklist** that gives you actionable steps you can take **TODAY** to start living a Stellar Life!

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"If you are not your genuine true self and embracing that fully and lovingly, then there is no possibility for a stellar life."

HEATHER DOMINICK

10 STEPS YOU CAN TAKE TODAY

**Take charge of your health, wellness, and success.
Here are 10 steps that can move you closer to your goals – today.**

- Allow yourself to trust in the strength of your intuition, so you can channel it in when you need to make important decisions that can move your or your business forward in life.
- Don't let your introversion prevent you from selling. You just have to do it in a way that comes from the heart, because then it won't be like selling at all.
- Learn to take personal responsibility for things rather than take things personally. You'll handle situations with a clearer vision this way.
- Do not become a doormat - as highly sensitive people, others tend to dump their problems on you because you are receptive. Learn how to establish boundaries to keep your sanity.
- Always be a student, even if it means taking the same courses over and over, because each time you will see that you reach a deeper level.
- Flip the script on selling: when speaking with a prospect about your services or product, come from a place of serving, rather than selling.
- Know who you are and honor and trust yourself, and you will see how that manifests into success in your business.
- Learn to manage your energy - you'll become proactive rather than reactive, and can better handle difficult situations.
- When you are feeling overwhelmed in life, try tapping into your intuition so you can see what gift the universe is trying to show you.
- If you are highly sensitive, be mindful with sudden stimulation such as loud noises, bright sights, etc as they can affect your ability to focus.