

STELLAR *Life*

Hosted By *Orion*

Build Your Big Idea

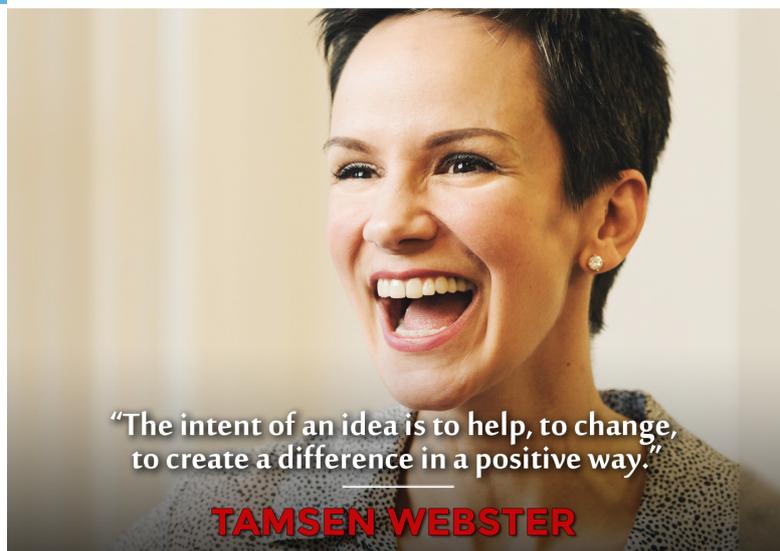
10 Point Checklist

Tamsen Webster

Want to gain as much knowledge as possible out of this episode? Here is your **10 point checklist** that gives you actionable steps you can take **TODAY** to start living a Stellar Life!

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"The intent of an idea is to help, to change, to create a difference in a positive way."

TAMSEN WEBSTER

10 STEPS YOU CAN TAKE TODAY

**Take charge of your health, wellness, and success.
Here are 10 steps that can move you closer to your goals – today.**

- Be curious about topics that interest you and study them closely so that you develop an expertise worthy of sharing.
- Don't hesitate to share your thoughts and talents no matter how simple or small, especially when you aim to serve people and make a difference.
- Remember that ideas have a context. Share your thoughts at a moment in time when they are most likely to resonate with your audience.
- Find people who have the same core beliefs as you so that you can communicate effectively and start creating a difference in your community.
- Define your goals. When you have a plan, people will be more open to your ideas.
- Create ownership of the ideas you share through reframing. When you use an existing idea, improve it with your own wisdom.
- Structure your ideas in a logical way. Sharing your thoughts in chapters or phases can help your audience digest the information more easily.
- Develop an action plan after your story so that your audience has a guide on what actions they need to take for a change to occur.
- Give your listeners freedom of choice when coming up with a solution to their problem. If someone feels like they don't actually have the freedom to choose, they will make no choice at all or do the opposite of what you suggest.
- Check out Tamsen Webster's website to learn more about how you build the next big idea.