

Hosted By Orion

It's Not About Work-Life Balance

10 Point Checklist Felecia Hatcher

Want to gain as much knowledge as possible out of this episode? Here is your **10 point checklist** that gives you actionable steps you can take **TODAY** to start living a Stellar Life!



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10 STEPS YOU CAN TAKE TODAY

Take charge of your health, wellness, and success. Here are 10 steps that can move you closer to your goals – today.

- Invest in an amazing team. Find a stellar right-hand person who can help you deal with high-level tasks and maximize your time and effort.
- Outsource whatever you can, especially time-consuming tasks. You can outsource cleaning services or shopping for groceries.
- Evaluate the things you love doing, the things you struggle at, and the things you dislike. Commit to focusing on what you love doing, and getting help with everything else.
- Create content that can leverage your authority. It can be in the form of a course, book, or a membership site so that you have something valuable to offer your audience and media companies.
- Outreach strategically by making sure that the goal is a win-win for both parties. Felecia recommends <u>HARO</u>, a website for reporters looking for stories.
- ☐ Re-evaluate the definition of work-life balance. According to Felecia, you have to choose what your priorities are and be able to show up 100% in those areas of your life.
- Make time for your interests and hobbies It shouldn't always be about work. Find time to relax, do what you love, and make memories with your loved ones.
- You cannot pour from an empty cup. Practice Self-care so you can refuel yourself and have the energy to put into your goals.
- Choose your friends wisely. The people you surround yourself with can either be your biggest supporters or a burden that weighs you down.
- Check out <u>Felecia Hatcher's website</u> for more amazing resources on how to become an epic expert.

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