STELLAR Life

Hosted By Orion

You are Meant for More

10 Point Checklist

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Want to gain as much knowledge as possible out of this episode? Here is your **10 point checklist** that gives you actionable steps you can take **TODAY** to start living a Stellar Life!



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10 STEPS YOU CAN TAKE TODAY

Take charge of your health, wellness, and success. Here are 10 steps that can move you closer to your goals – today.

dreams and be a light to others.
Aim to utilize your gifts with the mission of helping others. Wherever you see yourself excel the most, your main purpose in life is to be of help to the people around you.
Discover your unique value by internalizing what you really want in life, which areas are you best at, and what type of traits serve as your biggest strengths.
Turn your unique value into an offer. Target people who are most likely to need what you have and let them become aware that you provide a solution or an improvement for their life.
Learn how to sell your services. Utilize different marketing strategies to share what you do and reach as many prospects as possible. It's best to have a website so people can easily find you.
Plan your week and stick to a strict schedule. Be disciplined enough in making sure you're doing everything you can to accomplish your goals. Having a planner or an organized calendar allows you to be more productive.
Don't forget to give yourself a break. Leave yourself some breathing room. Spending time with your family and friends or just spending time alone can help recharge your batteries.
Ask the right questions. This applies to others and yourself. When you ask the right questions, you get to clearly see the answers you're searching for.
Check out Lisa's <u>free course</u> offer for Stellar Life Podcast Listeners and learn how to Discover Your Own Value.
Grab a copy of Lisa Sasevich's latest book, <u>Meant for More: The Proven Formula to Turn Your Knowledge into Profits</u> .