

# STELLAR *Life*

Hosted By *Orion*

## Own Your Feminine Power

10 Point Checklist

**Pamela Reaves**

Want to gain as much knowledge as possible out of this episode? Here is your **10 point checklist** that gives you actionable steps you can take **TODAY** to start living a Stellar Life!



# 10 STEPS YOU CAN TAKE TODAY

**Take charge of your health, wellness, and success.  
Here are 10 steps that can move you closer to your goals – today.**

- Bring out your inner diva. Don't hesitate to shine and be confident with who you are. Let this positivity radiate with others too.
- Find the style you vibe with the most. You don't have to copy what everyone else is doing, just choose whatever you identify with the most.
- Be on the lookout for kindred spirits. Spend time with like-minded individuals who can support and uplift you.
- Give importance to your self-image. Your first impression lasts so make sure that you're always putting your best foot forward in every situation.
- Be well-rounded. It shouldn't all be about appearance. You need to be loving, kind, confident, humble, and smart as well.
- Maintain a positive relationship with your significant other. Practice open communication and create a safe space for each other to grow and prosper.
- Spice things up! Change up the cut and color of your hair, update your wardrobe, and have fun!
- Feel young but wear clothes that are age-appropriate. Your clothes define who you are; make sure they accentuate your best features.
- Instead of competing and putting other women down, celebrate each other. Support your fellow women by spreading awareness of them and helping them unleash their individuality.
- Check out [Pamela Reaves' website](#) for all the good vibes you need today.