

Hosted By Orion

How to Attract Love and Keep It

10 Point Checklist Mat Boggs

Want to gain as much knowledge as possible out of this episode? Here is your **10 point checklist** that gives you actionable steps you can take **TODAY** to start living a Stellar Life!



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10 STEPS YOU CAN TAKE TODAY

Take charge of your health, wellness, and success. Here are 10 steps that can move you closer to your goals – today.

- Reflect on your thoughts and feelings before you decide if you're ready for a serious relationship. Embarking on this type of journey should be treated with the utmost respect.
- ☐ Keep your heart open to all the incredible possibilities love has to offer. When you are actively looking for opportunities, they always seem to appear before your very eyes.
- Accept yourself for who you truly are, flaws and all. It's challenging to find someone else to love you if you don't love yourself first.
- Don't feel pressured to find yourself a partner. Starting a serious relationship with someone should be something that is wanted, not needed.
- Set your standards high. Make a list of what you want to see in your future partner. You deserve someone who will treat you right and love you wholeheartedly.
- Have faith, and don't be discouraged easily. Focus on preparing yourself for the partner that is truly meant for you; the right person will come.
- ☐ Visualize who you want to be when you're with them. Sometimes we focus too much on the perfect guy that we forget how we see ourselves when we're with the person we love.
- Take care of yourself and keep improving your knowledge and skills. Get more in tune with your spiritual self, as well.
- Pay attention to red flags and don't ignore them. Communicate openly with your partner if there's something you're not comfortable with in the relationship.
- Download your free <u>Self-love Activation Kit</u> to elevate your sense of self-worth quickly and easily!

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