

STELLAR *Life*

Hosted By *Orion*

Understand & Attract Money

10 Point Checklist

Claudia Arnold-Sawaf

Want to gain as much knowledge as possible out of this episode? Here is your **10 point checklist** that gives you actionable steps you can take **TODAY** to start living a Stellar Life!

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"The foundation for a good life is, whatever you do, approach it with a sense of fun and adventure."

CLAUDIA ARNOLD-SAWAF

10 STEPS YOU CAN TAKE TODAY

**Take charge of your health, wellness, and success.
Here are 10 steps that can move you closer to your goals – today.**

- Improve your knowledge about business, finance, and managing wealth. Modern women can be money conscious and savvy, too!
- Live life passionately. Do the things you love. Remain grateful for what you have. Share your light and blessings with others. Life is too short not to prioritize your own happiness.
- Start more adventures in life. Do something you've always wanted to do but never have before. Even in the middle of a pandemic, there are still activities worth trying, like learning a new skill, finishing a DIY home project, or starting a podcast.
- Keep things simple and try to maintain a no-frills lifestyle. Spend your money wisely on essential purchases and investments, and don't overspend on things you don't need.
- Stay aligned with your vision no matter what. Set your top five priorities and let them be your North Star in every major life decision you make.
- Journal. Write as much as you can. It doesn't matter if you're deeply expressing your feelings or listing bullet points of what you need to do. Writing helps you retain information and reflect on your thoughts more clearly.
- Create a vision of where you see yourself financially in the future. Setting timelines and being specific with your goals can help you focus more on where you're headed.
- Celebrate your milestones. Acknowledge wins no matter how big or small. Doing so will help you stay motivated.
- Don't be afraid to rewrite your money story. Sometimes old and limiting beliefs can stop us from becoming who we really want to be. It's time to take full control of your own narrative.
- Visit Claudia Arnold-Sawaf's [website](#) to learn more about some savvy financial tips and become a member of [Flow](#) with a 50% off discount using the code "**stellarlife**"