

STELLAR *Life*

Hosted By *Orion*

Leap into Higher Consciousness

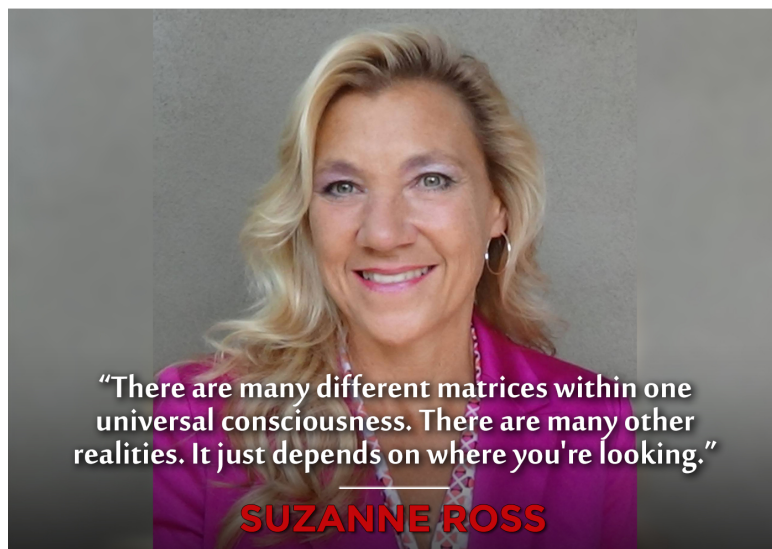
10 Point Checklist

Suzanne Ross

Want to gain as much knowledge as possible out of this episode? Here is your **10 point checklist** that gives you actionable steps you can take **TODAY** to start living a Stellar Life!

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10 STEPS YOU CAN TAKE TODAY

**Take charge of your health, wellness, and success.
Here are 10 steps that can move you closer to your goals – today.**

- Don't hesitate when you feel you're ready to step into a place of alignment, higher vibration, and consciousness. Go all in; everything will be worth it.
- Restore balance in your energy by chakra cleansing and clearing blockages in your space.
- Be open to an alternative way of living. What you know now may not apply to you eventually. Learn to adapt to the world while still maintaining balance in the way you think for yourself.
- Accept things as they are. Of course, it's essential to be as prepared as possible for whatever comes but don't forget that it's ok to let go of things you can't control.
- Have faith in the light that no matter what happens, you're assured you will be alright.
- Always be in a constant state of wonder. Sometimes as adults, it's so easy to forget our worries and just accept life as it is.
- Radiate love and light every day in every way. Spread joy and positivity to your surroundings.
- Commit to being the highest version of your best self. Learn as you go and accept that you will always be a work in progress.
- Dedicate yourself to selfless service. An excellent way to achieve a higher vibration is when you offer your gifts to others.
- Visit Suzanne Ross' [website](#) to learn more about her teachings, events, and upcoming retreats.