

STELLAR *Life*

Hosted by *Orion*

Unlock the Mysteries Stored in Your Akashic Records

10 Point Checklist

Anne Marie Pizarro

Want to gain as much knowledge as possible out of this episode? Here is your **10 point checklist** that gives you actionable steps you can take **TODAY** to start living a Stellar Life!

STELLAR *Conversations*



10 STEPS YOU CAN TAKE TODAY

**Take charge of your health, wellness, and success.
Here are 10 steps that can move you closer to your goals – today.**

- Pay more attention to the signs that come your way. Sometimes the Universe and your guides put signals right in front of you, and you barely notice them because of your lack of awareness.
- Believe that you are your own destiny. Fate may play a role in your life, but in the end, your choices are the reason why you are where you are at the moment.
- No matter what happens, don't lose your love for humanity. We are all connected beings in this big, vast world. Caring and looking out for each other should be your moral compass.
- Cherish memories that cannot be replicated. A lot of moments cannot happen more than once. Time flies so fast.
- Find the answers to the simplest of questions. Don't over complicate life. Just keep everything straightforward and simple. The most profound realizations lie in the stillness of the mind.
- Trust your instincts. Your gut feeling plays a massive role in most of your life's most significant decisions. Sometimes when you know, you know.
- Aim to always bring more light to the world. Be a guide to those who are in the dark and lead them to a better path.
- Harness the power of positive thinking. Whatever you set your mind to becomes your reality. Make sure your thoughts aren't consumed with negativity.
- Know that you are not alone. There will always be people out there who will support you and believe in what you're fighting for.
- Check out Anne Marie Pizarro's website, [Body Energy Connection](#), to learn more about her Akashic records teaching and workshops.