

STELLAR *Life*

Hosted by *Orion*

Living With Intention and Claiming Your Soul's Purpose

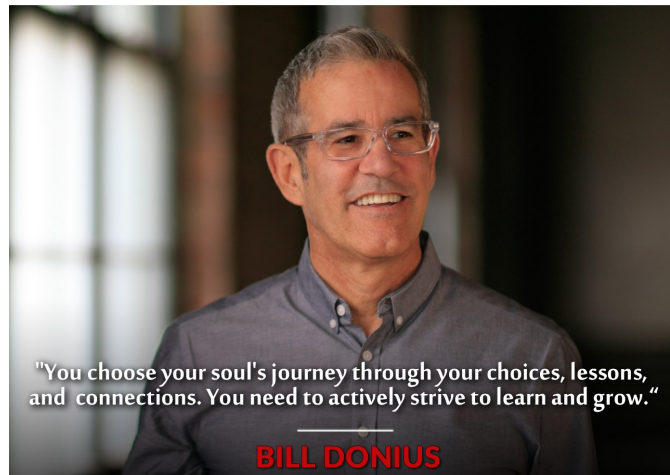
10 Point Checklist

Bill Donius

Want to gain as much knowledge as possible out of this episode? Here is your **10 point checklist** that gives you actionable steps you can take **TODAY** to start living a Stellar Life!

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10 STEPS YOU CAN TAKE TODAY

**Take charge of your health, wellness, and success.
Here are 10 steps that can move you closer to your goals – today.**

- Find work that aligns with your passion, potential, and skillset. Discover your true calling by exploring activities that light you up, utilize your natural talents, and allow you to grow.
- Unlock your intuitive wisdom. Access the creative powers of your right brain through techniques like non-dominant handwriting. Non-dominant handwriting quiets your analytical left brain and opens new neural pathways. This helps you channel fresh insights and innovative ideas.
- Activate your higher consciousness through deep questions. For example, ask yourself, "What's my highest purpose?" Refrain from surface living. Embrace your greater purpose.
- Explore past life regressions and practice hypnosis. These methods can help you uncover deep self-truths, reveal karmic patterns and gifts, and uncover keys to your current journey.
- Spend time in quiet reflection, especially after losses or major life events. When you experience drastic change, take time to be still. This can help you process and integrate deep life lessons and truths.
- Open your mind to supernatural signs, messages, and experiences. The universe constantly whispers wisdom through symbolic signs, kundalini experiences, visitations, and more.
- Journal and record insights that come through alternative thinking. Your highest truths often arise through non-linear pathways like dreams, meditation, and creative pursuits. Diligently capture these valuable breadcrumbs by keeping a dedicated journal.
- Practice radical self-forgiveness and release the chains of resentment to reclaim your life. You cannot soar to new heights while weighed down by grievances.
- Live intentionally. Trust your soul's journey. Have faith that all of your experiences serve a greater purpose, even if you can't see the big picture.
- Visit billdonius.com to tap into Bill Donius' wealth of wisdom and explore opportunities to directly work with him. You can also connect with him through [LinkedIn](#) or via email at bill@williamdonius.com.